**Dr. Rosenzweig is pleased to offer you ‘tried and true’ resources! Parents and professionals – please download, use and share any feedback with us at** [**DrRosenzweig@SexWiseParent.com**](mailto:DrRosenzweig@SexWiseParent.com)

**From The Sex -Wise Parent**

* [**Rosenzweig’s Rules for Parents to Raise Sexually Safe and Healthy Children (PDF)**](https://www.sexwiseparent.com/wp-content/uploads/2011/09/rosenzweigs_rules.pdf)
* [**Is your community prepared to deal with child sexual abuse? A Checklist for Parents!**](https://www.sexwiseparent.com/wp-content/uploads/2012/06/checklist-A-fully-prepared-community.pdf)
* [**Family Norms Exercise**](https://www.sexwiseparent.com/?attachment_id=431)
* [**Checklist for summer camps and childcare**](https://www.sexwiseparent.com/wp-content/uploads/2014/05/SWP-checklist-for-child-care-and-camp.pdf)
* [**Checklist for the sexual climate in your child’s school**](https://www.sexwiseparent.com/wp-content/uploads/2015/12/C5-Sexual-Climate-in-School-checklist-.pdf)
* [**Lots of Ways for Parent to Help Promote Sexual Health and Safety – 2022**](https://www.sexwiseparent.com/wp-content/uploads/2022/01/Lots-of-Ways-to-Help-2022.pdf)
* [**5 Norms Checklists**](https://www.sexwiseparent.com/wp-content/uploads/2022/04/5-Norms-Chekclists-Fmaily-young-kids-adolescents-school-camps.pdf)

**From The National Center on the Sexual Behavior of Youth**

* [**[Resources for Parents of Children Aged 3 – 12](https://www.ncsby.org/adolescents)**](https://www.ncsby.org/children)
* **[Resources for Parents of Children Aged 13 – 18](https://www.ncsby.org/adolescents)**

**From The American Academy of Pediatrics**

* [**Talking to your Child About Sex**](https://www.healthychildren.org/English/ages-stages/gradeschool/puberty/Pages/Talking-to-Your-Child-About-Sex.aspx)
* [**When and How to Talk to your Child about Sex**](https://www.healthychildren.org/English/ages-stages/preschool/Pages/Talking-to-Your-Young-Child-About-Sex.aspx)
* [**Sex, Gender and Puberty**](https://www.aap.org/en/search/?context=Healthy%20Children&source=Healthychildren.org&lang=English&k=talking%20about%20sex&s=)